

Kings College Hospital
NHS Foundation Trust



FAQ's in mechanical thromboprophylaxis

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Objectives

- Describe the importance of appropriate mechanical thromboprophylaxis in VTE prevention
- Address frequently asked questions about mechanical thromboprophylaxis with evidence based answers

Mechanical compression




Getting the basics right...

- Legs should be measured and correct size of stocking is provided.
- Anti-embolism stockings should be fitted and patients / women shown how to use them by staff trained in their use.
- Anti-embolism stockings should be removed daily for hygiene and skin inspection purposes.

Skin damage related to anti-embolic stockings



Frequently asked questions...



For how long should the anti-embolic stockings be worn?



Which is more effective in VTE prevention, thigh-length or knee length AES?




For how long can anti-embolic stockings be removed?



Can anti-embolic stockings be used with patients / women who have leg wounds?



Can IPC be used instead of stockings
in the presence of heel ulcers?



What do patients / women need to know before going home on anti-embolic stockings?

Thanks very much for listening!
Any questions?

